

**Sträcktidresultatlista KM, sprint**  
**2018-06-21**

| Pl            | Namn/Förening                   | Sluttid       | Sträcktid         |              |              |              |              |              |              |             |             |             |             |             |
|---------------|---------------------------------|---------------|-------------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|
| <b>Herrar</b> |                                 | <b>2230 m</b> | <b>12 anmälda</b> |              |              |              |              |              |              |             |             |             |             |             |
| 1             | Niklas Thörn<br>OK Vilse 87     | 14:57         | 0:55              | <b>0:45</b>  | 0:45         | <b>0:48</b>  | <b>0:40</b>  | <b>1:02</b>  | <b>1:01</b>  | <b>0:19</b> | <b>0:34</b> | 1:17        | <b>0:31</b> | <b>0:54</b> |
|               |                                 |               | 0:55              | 1:40         | 2:25         | <b>3:13</b>  | <b>3:53</b>  | <b>4:55</b>  | <b>5:56</b>  | <b>6:15</b> | <b>6:49</b> | <b>8:06</b> | <b>8:37</b> | <b>9:31</b> |
|               |                                 |               | <b>0:24</b>       | <b>1:00</b>  | 0:54         | <b>1:44</b>  | <b>0:39</b>  | 0:22         | 0:23         |             |             |             |             |             |
|               |                                 |               | <b>9:55</b>       | <b>10:55</b> | <b>11:49</b> | <b>13:33</b> | <b>14:12</b> | <b>14:34</b> | <b>14:57</b> |             |             |             |             |             |
| 2             | Gustav Åman<br>OK Vilse 87      | 15:56         | <b>0:47</b>       | <b>0:45</b>  | 0:46         | 0:56         | 0:48         | 1:08         | 1:11         | 0:22        | 0:37        | 1:24        | 0:33        | 1:09        |
|               |                                 |               | <b>0:47</b>       | <b>1:32</b>  | <b>2:18</b>  | 3:14         | 4:02         | 5:10         | 6:21         | 6:43        | 7:20        | 8:44        | 9:17        | 10:26       |
|               |                                 |               | 0:26              | 1:13         | <b>0:42</b>  | <b>1:44</b>  | 0:42         | 0:23         | <b>0:20</b>  |             |             |             |             |             |
|               |                                 |               | 10:52             | 12:05        | 12:47        | 14:31        | 15:13        | 15:36        | 15:56        |             |             |             |             |             |
| 3             | Kalle Ingvarsson<br>OK Vilse 87 | 16:29         | 0:52              | 0:48         | 0:50         | 0:55         | 0:41         | 1:12         | 1:08         | 0:24        | 0:38        | <b>1:11</b> | 0:36        | 1:09        |
|               |                                 |               | 0:52              | 1:40         | 2:30         | 3:25         | 4:06         | 5:18         | 6:26         | 6:50        | 7:28        | 8:39        | 9:15        | 10:24       |
|               |                                 |               | 0:27              | 1:10         | 0:46         | 2:04         | 0:47         | 0:23         | 0:28         |             |             |             |             |             |
|               |                                 |               | 10:51             | 12:01        | 12:47        | 14:51        | 15:38        | 16:01        | 16:29        |             |             |             |             |             |
| 4             | Thomas Henmyr<br>OK Vilse 87    | 17:49         | 0:51              | 0:56         | <b>0:43</b>  | 0:58         | 0:45         | 1:14         | 1:11         | 0:30        | 0:37        | 1:40        | 0:35        | 1:08        |
|               |                                 |               | 0:51              | 1:47         | 2:30         | 3:28         | 4:13         | 5:27         | 6:38         | 7:08        | 7:45        | 9:25        | 10:00       | 11:08       |
|               |                                 |               | 0:28              | 1:12         | 0:52         | 2:05         | 1:19         | <b>0:21</b>  | 0:24         |             |             |             |             |             |
|               |                                 |               | 11:36             | 12:48        | 13:40        | 15:45        | 17:04        | 17:25        | 17:49        |             |             |             |             |             |
| 5             | Tore Tjernlund<br>OK Vilse 87   | 18:43         | 1:21              | 1:06         | 0:59         | 1:07         | 0:45         | 1:19         | 1:14         | 0:23        | 0:39        | 1:38        | 0:34        | 1:20        |
|               |                                 |               | 1:21              | 2:27         | 3:26         | 4:33         | 5:18         | 6:37         | 7:51         | 8:14        | 8:53        | 10:31       | 11:05       | 12:25       |
|               |                                 |               | 0:31              | 1:13         | 0:54         | 1:59         | 0:51         | 0:23         | 0:27         |             |             |             |             |             |
|               |                                 |               | 12:56             | 14:09        | 15:03        | 17:02        | 17:53        | 18:16        | 18:43        |             |             |             |             |             |
| 6             | Ola Jönsson<br>OK Vilse 87      | 20:24         | 1:06              | 0:51         | 0:57         | 1:05         | 0:57         | 1:26         | 1:25         | 0:36        | 0:43        | 1:44        | 0:39        | 1:28        |
|               |                                 |               | 1:06              | 1:57         | 2:54         | 3:59         | 4:56         | 6:22         | 7:47         | 8:23        | 9:06        | 10:50       | 11:29       | 12:57       |
|               |                                 |               | 0:36              | 1:24         | 1:03         | 2:17         | 1:07         | 0:29         | 0:31         |             |             |             |             |             |
|               |                                 |               | 13:33             | 14:57        | 16:00        | 18:17        | 19:24        | 19:53        | 20:24        |             |             |             |             |             |
| 7             | Mats Ingvarsson<br>OK Vilse 87  | 20:42         | 1:09              | 1:06         | 1:00         | 1:04         | 0:49         | 1:26         | 1:27         | 0:27        | 0:55        | 2:01        | 0:40        | 1:48        |
|               |                                 |               | 1:09              | 2:15         | 3:15         | 4:19         | 5:08         | 6:34         | 8:01         | 8:28        | 9:23        | 11:24       | 12:04       | 13:52       |
|               |                                 |               | 0:36              | 1:29         | 0:56         | 2:01         | 0:57         | 0:24         | 0:27         |             |             |             |             |             |
|               |                                 |               | 14:28             | 15:57        | 16:53        | 18:54        | 19:51        | 20:15        | 20:42        |             |             |             |             |             |
| 8             | Bo Johansson<br>OK Vilse 87     | 21:52         | 1:14              | 1:11         | 1:04         | 1:05         | 0:49         | 1:32         | 1:32         | 0:35        | 0:51        | 1:51        | 0:50        | 1:40        |
|               |                                 |               | 1:14              | 2:25         | 3:29         | 4:34         | 5:23         | 6:55         | 8:27         | 9:02        | 9:53        | 11:44       | 12:34       | 14:14       |
|               |                                 |               | 0:36              | 1:28         | 1:00         | 2:20         | 1:14         | 0:29         | 0:31         |             |             |             |             |             |
|               |                                 |               | 14:50             | 16:18        | 17:18        | 19:38        | 20:52        | 21:21        | 21:52        |             |             |             |             |             |

**Sträcktidsresultatlista KM, sprint**  
**2018-06-21**

| Pl | Namn/Förening                        | Sluttid | Sträcktid |       |       |       |       |       |       |       |       |       |       |       |
|----|--------------------------------------|---------|-----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 9  | Leo Karlsson Forsberg<br>OK Vilse 87 | 28:36   | 1:13      | 1:48  | 1:03  | 1:33  | 1:16  | 1:36  | 2:59  | 0:39  | 1:01  | 2:11  | 1:01  | 1:51  |
|    |                                      |         | 1:13      | 3:01  | 4:04  | 5:37  | 6:53  | 8:29  | 11:28 | 12:07 | 13:08 | 15:19 | 16:20 | 18:11 |
|    |                                      |         | 0:54      | 2:02  | 2:03  | 2:43  | 1:27  | 0:44  | 0:32  |       |       |       |       |       |
|    |                                      |         | 19:05     | 21:07 | 23:10 | 25:53 | 27:20 | 28:04 | 28:36 |       |       |       |       |       |
|    | Anders Persson<br>OK Vilse 87        | Disk.   | 1:14      | 1:04  | 0:51  | 1:05  | 0:51  | 1:26  | 1:25  | 0:42  | 0:43  | 1:30  | 0:43  | 1:40  |
|    |                                      |         | 1:14      | 2:18  | 3:09  | 4:14  | 5:05  | 6:31  | 7:56  | 8:38  | 9:21  | 10:51 | 11:34 | 13:14 |
|    |                                      |         | 1:10      | 1:27  | 1:01  | 2:16  | 1:20  | 0:28  | 0:31  |       |       |       |       |       |
|    |                                      |         | 14:24     | 15:51 | 16:52 | 19:08 | 20:28 | 20:56 | 21:27 |       |       |       |       |       |

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| Pl           | Namn/Förening                     | Sluttid       | Sträcktid        |              |              |              |             |             |             |             |             |             |             |              |
|--------------|-----------------------------------|---------------|------------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|
| <b>Damer</b> |                                   | <b>1970 m</b> | <b>8 anmälda</b> |              |              |              |             |             |             |             |             |             |             |              |
| 1            | Martina Karlsson<br>OK Vilse 87   | 14:36         | <b>1:03</b>      | <b>0:52</b>  | <b>0:46</b>  | <b>0:51</b>  | 1:07        | <b>1:05</b> | <b>1:07</b> | 0:45        | <b>0:34</b> | <b>0:23</b> | <b>0:52</b> | <b>1:15</b>  |
|              |                                   |               | <b>1:03</b>      | <b>1:55</b>  | <b>2:41</b>  | <b>3:32</b>  | <b>4:39</b> | <b>5:44</b> | <b>6:51</b> | <b>7:36</b> | <b>8:10</b> | <b>8:33</b> | <b>9:25</b> | <b>10:40</b> |
|              |                                   |               | <b>0:52</b>      | <b>1:42</b>  | <b>0:58</b>  | <b>0:24</b>  |             |             |             |             |             |             |             |              |
|              |                                   |               | <b>11:32</b>     | <b>13:14</b> | <b>14:12</b> | <b>14:36</b> |             |             |             |             |             |             |             |              |
| 2            | Kerstin Tjernlund<br>OK Vilse 87  | 18:10         | 1:08             | 1:07         | 1:03         | 1:15         | <b>0:53</b> | 1:33        | 1:32        | <b>0:28</b> | 0:48        | 0:30        | 1:07        | 1:30         |
|              |                                   |               | 1:08             | 2:15         | 3:18         | 4:33         | 5:26        | 6:59        | 8:31        | 8:59        | 9:47        | 10:17       | 11:24       | 12:54        |
|              |                                   |               | 1:03             | 2:37         | 1:02         | 0:34         |             |             |             |             |             |             |             |              |
|              |                                   |               | 13:57            | 16:34        | 17:36        | 18:10        |             |             |             |             |             |             |             |              |
| 3            | Malin Åman<br>OK Vilse 87         | 19:24         | 1:11             | 1:14         | 1:02         | 1:11         | 0:54        | 1:21        | 1:28        | 0:36        | 0:44        | <b>0:23</b> | 1:05        | 1:21         |
|              |                                   |               | 1:11             | 2:25         | 3:27         | 4:38         | 5:32        | 6:53        | 8:21        | 8:57        | 9:41        | 10:04       | 11:09       | 12:30        |
|              |                                   |               | 1:35             | 2:50         | 1:57         | 0:32         |             |             |             |             |             |             |             |              |
|              |                                   |               | 14:05            | 16:55        | 18:52        | 19:24        |             |             |             |             |             |             |             |              |
| 4            | Elsa Svensson<br>OK Vilse 87      | 20:19         | 1:22             | 1:13         | 1:10         | 1:12         | 0:57        | 2:15        | 1:42        | 0:45        | 0:53        | 0:31        | 1:21        | 1:30         |
|              |                                   |               | 1:22             | 2:35         | 3:45         | 4:57         | 5:54        | 8:09        | 9:51        | 10:36       | 11:29       | 12:00       | 13:21       | 14:51        |
|              |                                   |               | 1:13             | 2:28         | 1:15         | 0:32         |             |             |             |             |             |             |             |              |
|              |                                   |               | 16:04            | 18:32        | 19:47        | 20:19        |             |             |             |             |             |             |             |              |
| 5            | Margareta Svensson<br>OK Vilse 87 | 20:38         | 1:18             | 1:11         | 0:59         | 1:08         | 0:57        | 1:19        | 1:44        | 1:45        | 0:40        | 0:27        | 1:03        | 1:51         |
|              |                                   |               | 1:18             | 2:29         | 3:28         | 4:36         | 5:33        | 6:52        | 8:36        | 10:21       | 11:01       | 11:28       | 12:31       | 14:22        |
|              |                                   |               | 2:19             | 2:15         | 1:07         | 0:35         |             |             |             |             |             |             |             |              |
|              |                                   |               | 16:41            | 18:56        | 20:03        | 20:38        |             |             |             |             |             |             |             |              |
| 6            | Siw Blomqvist<br>OK Vilse 87      | 30:12         | 2:14             | 1:48         | 1:24         | 1:39         | 1:17        | 2:17        | 2:25        | 0:42        | 1:01        | 0:39        | 1:49        | 5:17         |
|              |                                   |               | 2:14             | 4:02         | 5:26         | 7:05         | 8:22        | 10:39       | 13:04       | 13:46       | 14:47       | 15:26       | 17:15       | 22:32        |
|              |                                   |               | 1:21             | 3:43         | 1:46         | 0:50         |             |             |             |             |             |             |             |              |
|              |                                   |               | 23:53            | 27:36        | 29:22        | 30:12        |             |             |             |             |             |             |             |              |

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| Pl            | Namn/Förening                    | Sluttid       | Sträcktid        |             |             |             |             |             |             |             |             |             |             |             |
|---------------|----------------------------------|---------------|------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| <b>Ungdom</b> |                                  | <b>1430 m</b> | <b>6 anmälda</b> |             |             |             |             |             |             |             |             |             |             |             |
| 1             | Eddie Karlsson<br>OK Vilse 87    | 8:25          | <b>0:31</b>      | <b>0:49</b> | <b>0:44</b> | <b>0:28</b> | <b>0:34</b> | <b>0:23</b> | <b>0:43</b> | <b>1:03</b> | <b>0:47</b> | <b>1:14</b> | <b>0:49</b> | <b>0:20</b> |
|               |                                  |               | <b>0:31</b>      | <b>1:20</b> | <b>2:04</b> | <b>2:32</b> | <b>3:06</b> | <b>3:29</b> | <b>4:12</b> | <b>5:15</b> | <b>6:02</b> | <b>7:16</b> | <b>8:05</b> | <b>8:25</b> |
| 2             | Thea Lewis<br>OK Vilse 87        | 14:06         | 1:00             | 1:28        | 1:02        | 0:29        | 0:48        | 0:39        | 1:12        | 1:22        | 2:36        | 1:54        | 1:09        | 0:27        |
|               |                                  |               | 1:00             | 2:28        | 3:30        | 3:59        | 4:47        | 5:26        | 6:38        | 8:00        | 10:36       | 12:30       | 13:39       | 14:06       |
| 3             | Isabell Rosenberg<br>OK Vilse 87 | 14:40         | 0:48             | 1:22        | 0:50        | 1:10        | 0:46        | 0:26        | 1:04        | 2:39        | 1:43        | 2:15        | 1:14        | 0:23        |
|               |                                  |               | 0:48             | 2:10        | 3:00        | 4:10        | 4:56        | 5:22        | 6:26        | 9:05        | 10:48       | 13:03       | 14:17       | 14:40       |
| 4             | Lin Ingvarsson<br>OK Vilse 87    | 20:16         | 1:20             | 1:51        | 1:28        | 0:47        | 1:19        | 0:56        | 1:41        | 3:14        | 2:05        | 3:00        | 1:52        | 0:43        |
|               |                                  |               | 1:20             | 3:11        | 4:39        | 5:26        | 6:45        | 7:41        | 9:22        | 12:36       | 14:41       | 17:41       | 19:33       | 20:16       |
|               | William Mulari<br>OK Vilse 87    | Ej godk.      | 9:56             | 1:41        | 1:05        |             |             |             |             |             |             |             |             | 21:17       |
|               |                                  |               | 9:56             | 11:37       | 12:42       |             |             |             |             |             |             |             |             |             |
|               | Noah Mulari<br>OK Vilse 87       | Ej godk.      | 2:03             | 1:19        | 1:10        |             | 7:03        | 0:26        | 1:07        | 1:22        | 2:35        | 1:59        | 1:09        | 0:26        |
|               |                                  |               | 2:03             | 3:22        | 4:32        |             |             | 7:29        | 8:36        | 9:58        | 12:33       | 14:32       | 15:41       | 16:07       |